Nuno Pinto
ILGA-Europe
European Region of the International Lesbian, Gay, Bisexual, Trans and Intersex Association
On behalf of the Health4LGBTI Consortium

Colloque international
“La Santé des Personnes LGBT”
Paris, 9th - 10th March 2017

HEALTH4LGBTI
REDUCING HEALTH INEQUALITIES EXPERIENCED BY LGBTI PEOPLE

#Health4LGBTI
Background of the project

- LGBTI people experience significant health inequalities that have impact on their health outcomes.

- **Stigma and discrimination** combined with social isolation and limited understanding of their lives by others, lead to **significant barriers** in terms of accessing health and social care services.

- Healthcare and other professionals commonly assume that LGBTI people’s health needs are the same as those of heterosexual people. **They are not.**

- Many health inequalities are preventable. MS and the EU must work towards the development of high quality health services across the Union that are **equally accessible** to all.
Objectives of the project

- To gain a better understanding of the **specific health inequalities** experienced by LGBTI people, focusing in particular on overlapping inequalities stemming from (intentional and unintentional) discrimination and unfair treatment on other grounds (e.g. older, younger, refugee, immigrant, disability, rural, poverty);

- To gain a better understanding of the **barriers** faced by health professionals when providing care to these groups;

- To raise awareness about the **needs of LGBTI people** and provide healthcare professionals with specific tools to ensure that they have the **right skills and knowledge** to overcome the identified barriers.
Project overview

Coordination and dissemination/task 5 (including final conference)

**Tasks**
- Task 1: Literature Review
- Task 2: Focus Groups
- Task 3: Training Modules Development
- Task 4: Training Modules Pilots

**Methodology**
- Scientific Review of Journals
- Comprehensive Scoping Review of grey literature in 28 Member States

- Focus groups conducted in 6 Member States* with 2 target groups:
  - LGBTI
  - Healthcare professionals (HCPs)

- Training modules for HCPs developed based on outcomes of tasks 1&2. **Improve:**
  - Knowledge
  - Attitudes
  - Skills

- Training modules piloted and evaluated in 6 Member States*:
  - Adaptable
  - Replicable

**Outputs**
- State-of-art study on health inequalities experienced by LGBTI and barriers faced by HCPs when providing care
- Piloted Training modules for HCPs

(*) The 6 Member States are: Belgium, Bulgaria, Italy, Lithuania, Poland, UK
Task 1

A review of health inequalities experienced by LGBTI people and the barriers faced by health professionals in providing healthcare for LGBTI people

Deliverable

D1.1 State of the art synthesis report
Task 1

A review of health inequalities experienced by LGBTI people and the barriers faced by health professionals in providing healthcare for LGBTI people

**Activities**

- **Scientific Review (SR)**
  - (Primary research articles)
  - Searches of scientific databases e.g. CINHAL, MEDLINE, Cochrane, etc.
  - Thematic summary & recommendations for training

- **Comprehensive Scoping Review (CSR)**
  - (Grey literature)
  - Review of key EU/international grey literature
  - Member State ‘Rapid-reviews’ including promising practices
  - Thematic summaries, examples of promising practices (where they exist), & recommendations for training

**Output**

D1.1 State-of-the-art synthesis report
Task 2

Qualitative research: Focus groups studies with LGBTI people and health professionals

Deliverable

D2.1 Overview report on the outcomes of the focus groups
Two FG studies in 6 countries

Across six MS, 12 focus groups were conducted (two per country) engaging 103 participants from the UK, Belgium, Italy, Poland, Lithuania, and Bulgaria.

- **Study 1**: Mapping barriers to healthcare faced by LGBTI people (n=52)
- **Study 2**: Mapping health professionals’ experiences and ideas for examples of actual and potential interventions (n=51)
Task 3

Development of training modules

Deliverable

no deliverable – linked to Task 4
Development of training module(s)

<table>
<thead>
<tr>
<th>Step 1</th>
<th>Definition of the methodology</th>
</tr>
</thead>
<tbody>
<tr>
<td>Step 2</td>
<td>Review of the existing training modules of relevance</td>
</tr>
<tr>
<td>Step 3</td>
<td>Definition of the contents and structure of the training modules</td>
</tr>
<tr>
<td>Step 4</td>
<td>Preparation of training materials</td>
</tr>
<tr>
<td>Step 5</td>
<td>Ethical Approval</td>
</tr>
<tr>
<td>Step 6</td>
<td>Pre-piloting of the training modules at AOUUI-VR (Verona site)</td>
</tr>
<tr>
<td>Step 7</td>
<td>Consultation with DG Health and Food Safety and the Advisory Board</td>
</tr>
<tr>
<td>Step 8</td>
<td>Refinement of the training modules</td>
</tr>
<tr>
<td>Step 9</td>
<td>MS5 - The training modules is ready to be piloted</td>
</tr>
</tbody>
</table>
Task 4

Piloting of the training modules

Deliverable

D4.1 Evaluation report on piloting
D4.2 Validated training modules
Pilot the training module(s)

**Preparation**
- Ethical approval
- Selection of trainers and preparation of the training
- Recruitment of trainees

**Pilot implementation**
- Delivery of the training module in 6 countries: Belgium, Bulgaria, Italy, Lithuania, Poland and UK
- Language: English or local language

**Evaluation**
- Effectiveness (knowledge, attitudes, behaviour)
- Acceptance (reactions of trainees and trainers)
- Site visit

**Fine-tuning**
- Adaptation of topics and approaches to delivery based on the outcomes of evaluation
Task 5

Dissemination and final conference

Deliverable

D5.1 Final conference
Dissemination and final conference

Communication & dissemination strategy
- Agree on ‘core’ messages
- Identify target groups / Analyse relevant stakeholders
- Prepare communication tools: general look & feel, website, social media,...
- Establish communication plan by month, based on T 1,2,3,4 outcomes & deliverables: press releases, presentations, etc.

Conference organisation
- Identify venue, logistics, etc.
- Identify invitees (Representatives from MS authorities; civil society; submit to EC)
- Establish design & programme, based on T3 & 4 – validated training modules
- Send conference invitations & follow-up
Further info

http://ec.europa.eu/health/social_determinants/projects/ep_funded_projects_en.htm#fragment2

European Project Coordinator:

Massimo Mirandola, PhD
AOUI-VR Azienda Ospedaliera Universitaria Integrata Verona
Email: massimo.mirandola@ospedaleuniverona.it
Questions?

HEALTH 4 LGBTI
REDUCING HEALTH INEQUALITIES EXPERIENCED BY LGBTI PEOPLE
Reducing Health Inequalities Experienced by LGBTI People (Health4LGBTI)*

*The information and views set out in this presentation are those of the author(s) Francesco Amaddeo, Sophie Aujean, Kath Browne, Clotilde Cattaneo, Ruth Davis, Valeria Donisi, Lorenzo Gios, Massimo Mirandola, Anne Pierson, Nuno Pinto, Nick McGlynn, Magdalena Rosinska, Nigel Sherriff, Marta Niedźwiedzka-Stadnik, Karolina Zakrzewska, Laetitia Zeeman, and do not necessarily reflect the official opinion of the Commission. The Commission does not guarantee the accuracy of the data included in this presentation. Neither the Commission nor any person acting on the Commission’s behalf may be held responsible for the use which may be made of the information contained therein.